

Connecticut State Police and Kids



CONNECTICUT STATE POLICE
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A State Police Trooper is your friend. He or she can help you in many ways. If you are lost, a Trooper can help you find your parents or guardian. If you are afraid, he can protect you. They make sure that the roads, parks and other public places are a safe and friendly place for you to be.

Troopers take time from their busy schedule to visit the classrooms at your school. They educate kids about many things, from advice about talking to strangers to what to do if you find a gun, to how to resist temptation when other kids want you to try things that would be harmful to you. Never be afraid to approach a Trooper if you need help. They are always ready to ensure your safety.

MY 8 RULES FOR SAFETY

1. I always check first with my parents or the person in charge before I go anywhere or get into a car, even with someone I know.
2. I always check first with my parents or a trusted adult before I accept anything from anyone, even from someone I know.
3. I always take a friend with me when I go places or play outside.
4. I know my name, address, telephone number, and my parents' names.
5. I say no if someone tries to touch me or treat me in a way that makes me feel scared, uncomfortable, or confused.
6. I know that I can tell my parents or a trusted adult if I feel scared, uncomfortable, or confused.
7. It's OK to say no, and I know that there will always be someone who can help me.
8. I am strong, smart, and have the right to be safe.

- CHECK FIRST
- TAKE A FRIEND
- TELL SOMEONE I TRUST IF SOMETHING IS WRONG
- STAY STRONG, SMART, AND SAFE



HERE ARE SOME QUESTIONS. HAVE FUN LEARNING THE ANSWERS!

ASK YOUR PARENTS TO READ THEM TO YOU AND TALK ABOUT THE ANSWERS WITH YOU.
SEE HOW MANY ANSWERS YOU CAN REMEMBER!

STRANGERS.

Question: WHO IS A STRANGER?

Answer: A stranger is a person whom you have never met before; a person you may have seen before, but whom you don't know anything about (for example, someone you've seen walking in your neighborhood); a person whom your parents don't know well.

Question: WHAT DO STRANGERS LOOK LIKE?

Answer: Strangers can be men or women, young or old. They can have any color skin. Some are tall, skinny, short or fat. Some strangers are pretty and some are not so pretty. They can speak different languages. Most strangers are nice, but some strangers are mean. Because you don't know if someone is a good stranger or a bad one, you should not talk to anyone you don't know.

Question: SHOULD YOU EVER GET INTO A CAR WITH SOMEONE YOU AND YOUR PARENTS DON'T KNOW?

Answer: NO! Never accept a ride from a stranger. They may offer you a toy, candy, money, or even say your parent said it was OK. DON'T LET THEM TRICK YOU!

Question: IF A STRANGER TRIES TO TALK TO YOU, WHAT SHOULD YOU DO?

Answer: Do not talk to the person. Get away fast and tell a trusted grown-up.

Question: WHAT IS A SECRET CODE WORD?

Answer: A secret code word is a word that only you and your parents know. If there is an emergency and someone you don't know has to pick you up from school or from a friend's house, ask that person the secret code word. If he or she does not know the secret code word, don't go. Get away and go to a grownup you know and trust, for help.

SEPARATION FROM YOUR PARENTS.

Question: WHAT SHOULD YOU DO IF YOU GET LOST?

Answer: If you get lost outdoors, in a park or zoo for example, stop and stay where you are. You may be scared, but your mom and dad (or the grown-up you were with) will come looking for you. Walking around makes it harder for them to find you. If you see a police officer, tell him or her that you are lost and ask for help.

Question: DO YOU KNOW YOUR MOM AND DAD'S FIRST AND LAST NAMES? DO YOU KNOW YOUR ADDRESS AND PHONE NUMBER BY HEART?

Answer: If you don't know these answers, practice them with your parents.

WHEN SOMEONE KNOCKS OR CALLS.

Question: WHAT SHOULD YOU DO WHEN THE DOORBELL RINGS OR SOMEONE KNOCKS?

Answer: Tell an adult who is at home. If a grown-up is not at home, do not open the door. Do not even ask who it is. Ignore the knock, and wait for an adult who is with you. If it is important, the person will come back later. If a grown-up is there but is busy (in the yard, in the shower, asleep) tell the grown-up and let him or her answer the door. Do not open the door yourself.

Question: WHAT SHOULD YOU DO WHEN THE PHONE RINGS AND NO GROWN-UPS ARE AROUND?

Answer: This is something that each family might have their own rule about. Ask your parents what your family's rule is. One suggestion is to answer the phone politely. If mom or dad is close by, ask the caller to wait while you get them. If an adult is not available (in the yard, in the shower, asleep) say, "Everyone is busy. Please call back." NEVER say that you are alone.